



Spring - Summer

# NEW MENU

OPEN EVERY DAY

1 PLACE CROUSILLAT, SALON-DE-PROVENCE



BASTIDE CHEZ MUS

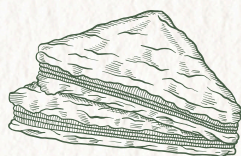
## FOR THE APERITIF :

Gratinated mussels	10.00€
Panisses with homemade aioli sauce	12.00€
Sardines in oil with toast and salted butter	12.00€



## OUR "BRASSERIE" SUGGESTIONS :

Omelette with fries and salad	14.00€
Croque-monsieur with salad (Sliced bread, béchamel sauce, ham and grated emmental cheese)	15.00€



## OUR SALADS :

Niçoise Salad	17.00€
(Salad, Green beans, peppers, cucumbers, hard-boiled eggs, anchovies, tomatoes, tuna, black olives & potatoes)	
Caesar Salad	17.00€
(Romaine lettuce, Parmigiano Reggiano, crispy chicken, croutons) and Caesar dressing	
Marseille-style marinated octopus and squid salad	17.00€
(mixed salad, octopus, squid, potatoes and persillade)	
Salmon/Tuna Poke Bowl	18.00€/20.00€
(rice, cucumber, carrot, radish, tomato, melon, grapefruit, tuna or salmon)	
Avocado-toast with sweet potato fries	20.00€
(Country bread, fresh cheese, salmon gravlax, avocado)	
Salmon tartare, avocado, mango, - lime, soy sauce, fries & salad	22.00€
The Bastide Platter	23.00€
(Zucchini fritters, tomatoes with Burrata, marinated octopus, Tortilla, Grilled peppers, panisses and sardines)	



## PASTA, RISOTTO :

Today's specials depending on availability

## FISH :

Chef's king prawns pilaf rice 26.00€

Fish of the day depending on the catch

## BURGERS :

Original burger 22.00€

(Goat cheese extra 3,00 euros)

Crispy avocado burger 21.00€

(Breaded chicken, avocado, cheddar and curry mayonnaise)



## OUR MEATS :

Beef carpaccio with fries and salad 18.00€

(Pesto, parmesan and sun-dried tomatoes)

Homemade beef tartare with fries and salad 22.00€

Grilled lamb chops with thyme blossom and crushed potatoes 24.00€

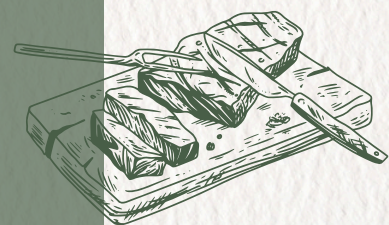
Bastide-style Milanese with pesto linguine 24.00€

Charolais rib steak with fries and seasonal vegetables 28.00€

Beef hanger steak with garlic or shallot sauce, fries & vegetables 24.00€

Roquefort or pepper sauce extra 3,00 euros

Morel mushroom sauce extra 6,00 euros



## KIDS MENU (UP TO 12 YEARS OLD) :

Choice of syrup

Ham  
or homemade chicken nuggets

Fries, small pasta  
or mashed potatoes

Ice cream scoop or small dessert of the day 12.00€



### OUR SIDE DISHES :

Fresh fries

or

Vegetable stir-fry or vegetable flan

or

Mashed potatoes

or

Green salad



### BELOW IS THE LIST OF OUR SUPPLIERS :

Meat : Severy, Ros butchery and Joassan brothers

Fish : Ceres Company

Artisanal ice cream : Krill la Glace des Alpes

Eggs : la Volaille de Gabin

Vegetables : producers from les Baïsses and Salon-de-Provence

**If needed, please ask for our allergen menu**